

IMEC (Marie Cobel) with "Friends"
November 22, 1985

Session 171: Scaling individual consciousness

Summary: Here is a what you seek. Hold to the idea of what we bring to you in the illustrations of the individuality as opposed to the oneness. Beginning with the individual self-composed of the many aspects within yourself. Then projecting to what appears outside as the same idea of the aspects representing the inside processes as the aspects outside.

NOTE: The content of this report was created from listening, translating, and analysis by the reporter. It may or may not be present in the transcript.

Contents:

What is outside is the idea of how creation and realities are brought into being. How is it possible for an individual consciousness supported by the aspective qualities? As to other entities. With this idea one will be able to scale and to work backwards through all that appears to be in one's reality. Thereby finding the link within themselves to reach the understanding of eternal life. That consciousness over and above the self-conscious state of man. We have demonstrated to you the aspective qualities in individuals. We have tried to explain to you how these aspects exist, and they are real. Aspects are dependent on your individual part of reality that has the potential of being the self or being supported by these aspective qualities. If one has understood this idea then one can understand the past of man, the present and the potential projection of the future. In ones present state they can flow through the aspects that were projected onto the self from childhood. Learn to reach and understanding with them and reach a potential of taking in any aspective quality that has been created on the Earth plane. One can choose from that level of understanding whatever aspect one wants to experience. In the process of assuming the knowing self and releasing the aspects control and thereby directing the conscious energy to potential aspects that are in existence that have been created by man. Thereby you can project the consciousness in that direction. In this way change one's sense of being. Gathering unto the consciousness the various experiences. When you change your profession or your environment, that is a changing of aspective qualities.

Individuality and the aspects, the inside aspects as the outside aspects. The aspects are creations of man. When not expressed in a physical form, an aspect exist as energy.

If the energy of the self is not stable, then it can be tricky for an individual to start playing around with the aspects. There are unexpressed aspects that want to take over the consciousness. First you have to get all the aspects with the most energy to want the same thing. Otherwise, if you start to express an aspect you have the chance of being overwhelmed. It is important to have the awareness taking charge and being in control first.

It is important not to split the identity but to understand that the energy is a part of the whole and not a unique identity. An aspect that is expressed from within is also a part of the universal aspect that other people experience. So if your aspect is allowed to learn and grow then the external aspective the same energy will have that same learning and growth.

Report by Daniel Erickson